Why Worry

Matthew 6:25-34

Faith Portal Church

STAR Unit 4 Lesson 8

Focus Verse

"But seek ye first the kingdom of God, and his righteousness." - Matthew 6:33



Closer Look

What will I wear? Will I do well in my reading? Will I make new friends? School can bring a lot of worrying for kids. Worrying is when we constantly think about things we need or things we are anxious about. In this scripture, Jesus tells us not to worry. When we worry, we are not trusting in God. Worrying will not do anything good for us. It will only take away time that we can use to serve God and grow closer to Him.

Think about the flowers and birds outside. God takes care of them. He gives them enough sunlight, water, and food for them to live and grow. God takes care of all the things He created, including (and, especially) you! We are all God's most precious treasures, and He knows what we need before we ask. Instead of worrying about things, God wants us to seek His kingdom. We can do this by learning more about His Word, obeying it, and trusting in Him daily. At whatever time you find yourself worrying about something, you can pray to God and ask Him to calm your mind and fill you with His peace. Why worry?

Questions

- 1. How would you describe worry?
- 2. Why did Jesus tell us not to worry about our needs?
- 3. List some things that worrying can lead to? How can you benefit from these things?
- 4. What is special about the lilies? How does God clothe them?
- 5. What important thing must you do to depend on God for all your needs?

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Why Worry

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Discovery

Vocabulary Search

Find FIVE new words in the Bible text and write their meanings on the line.

THINK ABOUT IT!

Monday	Matt 6:25
Tuesday	Matt 6:26-27
Wednesday	Matt 6:28-29
Thursday	Matt 6:30
Friday	Matt 6:31-32
Saturday	Matt 6:33-34



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